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Unusually for a book review on this blog, this book is not aimed at project management

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professionals particularly, but falls more into the category of ...

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Thinking is a new  
approach to high  
performance, a means  
of finding an edge in a

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complex and fast-changing world. It is not just about sport, but has powerful implications for business and politics, as well as for parents and students. In other words, all of us.

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teams are driven by an insatiable curiosity for marginal gains, together with the intellectual courage to challenge their most cherished assumptions

DAVE BRAILSFORD,  
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“Marginal gains, as an approach, is about having the intellectual



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honesty to see where you are going wrong, and delivering improvements as a result.” Sir David

Brailsford, Team Sky General Manager, quoted in Black Box Thinking; Enjoyed this review? Check out these next...

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together with the intellectual courage to challenge their most cherished assumptions'  
- Sir Dave Brailsford

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central to personal,  
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By Michael Taylor  
Matthew Syed is a former table tennis



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## **Black Box Thinking - Shifting Shares**

From Black Box

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gains and the Secrets  
of high performance  
Progress had been  
delivered not through a

beautifully constructed  
masterplan (there was  
no plan!) but by rapid  
interaction with the  
world. A single  
outstanding nozzle was  
discovered as a  
consequence of testing  
and discarding 449  
failures.

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“Marginal gains is not about making small changes and hoping they fly. Rather, it is about breaking down a big problem into small parts in order to rigorously establish what works and what doesn't.” Free Download: Download a free version of this book summary. Easily

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**Book Summary:  
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Black box thinking and marginal gains go hand in hand, the idea is to break down a big goal into small tasks, then improve each of them with constant feedback and when you put them together you will deliver a better product.

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Matthew Syed is the Sunday Times number one bestselling author of Bounce, Black Box Thinking and You Are Awesome. He writes an award-winning newspaper column in The Times and is the

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co-host of the hugely successful BBC podcast, Flintoff, Savage and the Ping Pong Guy. Matthew is the co-founder of Greenhouse, a charity that empowers youngsters through sport, a member of the FA's Technical Advisory ...

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